

		Jan 2019																																	
		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00					
Di	01					Body-Spider FSJ																Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider								
Mi	02					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf								
Do	03					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	04					Body-Spider FSJ									Body-Spider																				
Sa	05			Body-Spider									Body-Spider M.Hannawacker																						
So	06																																		
Mo	07					Body-Spider FSJ																													
Di	08					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider							
Mi	09					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf								
Do	10		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	11					Body-Spider FSJ									Body-Spider																				
Sa	12			Body-Spider									Body-Spider M.Hannawacker																						
So	13					Ehrennachmittag																													
Mo	14					Body-Spider FSJ																													
Di	15					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider							
Mi	16					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf								
Do	17		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	18					Body-Spider FSJ									Body-Spider																				
Sa	19			Body-Spider									Body-Spider M.Hannawacker																						
So	20																																		
Mo	21					Body-Spider FSJ																													
Di	22					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider							
Mi	23					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf								
Do	24		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	25					Body-Spider FSJ									Body-Spider																				
Sa	26			Body-Spider									Body-Spider M.Hannawacker																						
So	27																																		
Mo	28					Body-Spider FSJ																													
Di	29					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider							
Mi	30					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf								
Do	31		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									

01 Ferien    
 A = Feiertage    
 A = Vereinsintern    
 Privat    
 VHS    
  = Abteilungsveranstaltung    
  = Feste Belegungszeiten    
  = Body-Spider    
Zusätzlich

## Feb 2019

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00				
Fr	01					Body-Spider FSJ								Body-Spider																				
Sa	02			Body-Spider								Body-Spider M.Hannawacker																						
So	03																																	
Mo	04					Body-Spider FSJ																												
Di	05					Body-Spider FSJ																Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider								
Mi	06					Body-Spider FSJ													LH 16.15-17.15				Body-Spider			Body-Spider Krapf								
Do	07		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel								
Fr	08					Body-Spider FSJ								Body-Spider																				
Sa	09			Body-Spider									Body-Spider M.Hannawacker																					
So	10																																	
Mo	11					Body-Spider FSJ																												
Di	12					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider							
Mi	13					Body-Spider FSJ													LH 16.15-17.15				Body-Spider			Body-Spider Krapf								
Do	14		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel								
Fr	15					Body-Spider FSJ								Body-Spider																				
Sa	16			Body-Spider									Body-Spider M.Hannawacker																					
So	17																																	
Mo	18					Body-Spider FSJ																												
Di	19					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider							
Mi	20					Body-Spider FSJ													LH 16.15-17.15					Progressive Muskelentspannung			Body-Spider Krapf							
Do	21		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel								
Fr	22					Body-Spider FSJ								Body-Spider																				
Sa	23			Body-Spider									Body-Spider M.Hannawacker																					
So	24																																	
Mo	25					Body-Spider FSJ																												
Di	26					Body-Spider FSJ																		Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider						
Mi	27					Body-Spider FSJ													LH 16.15-17.15					Progressive Muskelentspannung			Body-Spider Krapf							
Do	28		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel								

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 = Body-Spider    
Zusätzlich

# Mrz 2019

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00			
Fr	01					Body-Spider FSJ								Body-Spider																			
Sa	02			Body-Spider								Body-Spider M.Hannawacker																					
So	03	reserviert																															
Mo	04	reserviert					Body-Spider FSJ																										
Di	05					Body-Spider FSJ																Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider							
Mi	06					Body-Spider FSJ													LH 16.15-17.15					Progressive Muskelentspannung			Body-Spider Krapf						
Do	07		BS-LH			Body-Spider M. Drilling																			Body-Spider Drilling/Göbel								
Fr	08					Body-Spider FSJ								Body-Spider																			
Sa	09			Body-Spider									Body-Spider M.Hannawacker																				
So	10																																
Mo	11					Body-Spider FSJ													Autogenes Training														
Di	12					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider						
Mi	13					Body-Spider FSJ														LH 16.15-17.15					Progressive Muskelentspannung			Body-Spider Krapf					
Do	14		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel							
Fr	15					Body-Spider FSJ								Body-Spider																			
Sa	16			Body-Spider									Body-Spider M.Hannawacker																				
So	17																																
Mo	18					Body-Spider FSJ														Autogenes Training													
Di	19					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider						
Mi	20					Body-Spider FSJ															LH 16.15-17.15				Progressive Muskelentspannung			Body-Spider Krapf					
Do	21		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel							
Fr	22					Body-Spider FSJ								Body-Spider																			
Sa	23			Body-Spider									Body-Spider M.Hannawacker																				
So	24																																
Mo	25					Body-Spider FSJ														Autogenes Training													
Di	26					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider						
Mi	27					Body-Spider FSJ															LH 16.15-17.15				Progressive Muskelentspannung			Body-Spider Krapf					
Do	28		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel							
Fr	29					Body-Spider FSJ								Body-Spider																			
Sa	30			Body-Spider									Body-Spider M.Hannawacker																				
So	31																																

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