

# Dez 2017

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00		
Fr	01					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.																
Sa	02																															
So	03																															
Mo	04					Body-Spider FSJ + T.Stühle															Ostis											
Di	05					Body-Spider FSJ												BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider							
Mi	06					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf						
Do	07			BS-LH		Body-Spider M. Drilling																			Body-Spider Drilling/Göbel							
Fr	08					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.																
Sa	09				Body-Spider								Body-Spider M.Hannawacker																			
So	10																															
Mo	11					Body-Spider FSJ + T.Stühle															Ostis			Progressive Muskelentspannung Jacobsen								
Di	12					Body-Spider FSJ												BVSG			Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider							
Mi	13					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	14			BS-LH		Body-Spider M. Drilling																						Volleyball				
Fr	15					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.									Karate Weihnachtsfeier							
Sa	16				Body-Spider								Body-Spider M.Hannawacker																			
So	17																															
Mo	18					Body-Spider FSJ + T.Stühle															Ostis			Progressive Muskelentspannung Jacobsen			Fitness u. Freizeitsport					
Di	19					Body-Spider FSJ															Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider							
Mi	20					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	21					Body-Spider M. Drilling																			Fitness u. Freizeitsport							
Fr	22					Body-Spider FSJ								Body-Spider		15.15-16.15 Kurs A.H.																
Sa	23				Body-Spider								Body-Spider M.Hannawacker																			
So	24																															
Mo	25																															
Di	26																															
Mi	27					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf					
Do	28					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel						
Fr	29					Body-Spider FSJ									Body-Spider																	
Sa	30				Body-Spider								Body-Spider M.Hannawacker																			
So	31																															

01 = Ferien    
 A = Feiertage    
 A = Vereinsintern    
 Privat    
 VHS    
  = Abteilungsveranstaltung    
  = Feste Belegungszeiten    
  = Body-Spider    
Zusätzlich

# TV/DJK Belegungsplan Gymnastikraum2018

Stand: 11.12.2017

		Jan 2018																													
		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	
Mo	01					Body-Spider FSJ																									
Di	02					Body-Spider FSJ															Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider						
Mi	03					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf						
Do	04					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel							
Fr	05					Body-Spider FSJ								Body-Spider																	
Sa	06			Body-Spider								Body-Spider M.Hannawacker																			
So	07																														
Mo	08					Body-Spider FSJ															SHG Osteop.		Progressive Muskel-entst. n. Jacobsen								
Di	09					Body-Spider FSJ															Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider						
Mi	10					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf						
Do	11					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel							
Fr	12					Body-Spider FSJ								Body-Spider																	
Sa	13			Body-Spider								Body-Spider M.Hannawacker																			
So	14																														
Mo	15					Body-Spider FSJ																SHG Osteop.		Progressive Muskel-entst. n. Jacobsen							
Di	16					Body-Spider FSJ																Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider					
Mi	17					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf						
Do	18					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel							
Fr	19					Body-Spider FSJ								Body-Spider																	
Sa	20			Body-Spider								Body-Spider M.Hannawacker																			
So	21																														
Mo	22					Body-Spider FSJ																SHG Osteop.		Progressive Muskel-entst. n. Jacobsen							
Di	23					Body-Spider FSJ																Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider					
Mi	24					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf						
Do	25					Body-Spider M. Drilling																		Body-Spider Drilling/Göbel							
Fr	26					Body-Spider FSJ								Body-Spider																	
Sa	27			Body-Spider								Body-Spider M.Hannawacker																			
So	28																														
Mo	29					Body-Spider FSJ																	SHG Osteop.		Progressive Muskel-entst. n. Jacobsen						
Di	30					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth		Body-Spider				
Mi	31					Body-Spider FSJ																		Body-Spider		Body-Spider Krapf					

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		Feb 2018																																				
		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00								
Do	01					Body-Spider M. Drilling								Body-Spider												Body-Spider Drilling/Göbel												
Fr	02					Body-Spider FSJ								Body-Spider																								
Sa	03			Body-Spider				reserviert für Kinder-Faschingsdisco FSJ																														
So	04																																					
Mo	05					Body-Spider FSJ															SHG Osteop.			Autogenes Training		VHS Stressbewältigung												
Di	06					Body-Spider FSJ															Body-Spider M.Hannawacker			Body-Spider J. Schlereth		Body-Spider												
Mi	07					Body-Spider FSJ																		Body-Spider		Body-Spider Krapf												
Do	08					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel												
Fr	09					Body-Spider FSJ									Body-Spider																							
Sa	10			Body-Spider				Body-Spider M.Hannawacker																														
So	11																																					
Mo	12																																					
Di	13																																					
Mi	14																																					
Do	15																																					
Fr	16																																					
Sa	17																																					
So	18																																					
Mo	19					Body-Spider FSJ															SHG Osteop.			Autogenes Training		VHS Stressbewältigung												
Di	20					Body-Spider FSJ															Body-Spider M.Hannawacker			Body-Spider J. Schlereth		Body-Spider												
Mi	21					Body-Spider FSJ																		Body-Spider		Body-Spider Krapf												
Do	22					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel												
Fr	23					Body-Spider FSJ									Body-Spider																							
Sa	24			Body-Spider				Body-Spider M.Hannawacker																Abteilungsversammlung BVSG														
So	25																																					
Mo	26					Body-Spider FSJ																SHG Osteop.			Autogenes Training		VHS Stressbewältigung											
Di	27					Body-Spider FSJ																Body-Spider M.Hannawacker			Body-Spider J. Schlereth		Body-Spider											
Mi	28					Body-Spider FSJ																			Body-Spider		Body-Spider Krapf											

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		Mrz 2018																																				
		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00								
Do	01					Body-Spider M. Drilling																							Body-Spider Drilling/Göbel									
Fr	02					Body-Spider FSJ											Body-Spider																					
Sa	03			Body-Spider										Body-Spider M.Hannawacker																								
So	04	Ehrentnachmittag Kinderbetreuung																																				
Mo	05					Body-Spider FSJ																																
Di	06					Body-Spider FSJ																																
Mi	07					Body-Spider FSJ																																
Do	08					Body-Spider M. Drilling																																
Fr	09					Body-Spider FSJ											Body-Spider																					
Sa	10			Body-Spider										Body-Spider M.Hannawacker																								
So	11																																					
Mo	12					Body-Spider FSJ																																
Di	13					Body-Spider FSJ																																
Mi	14					Body-Spider FSJ																																
Do	15					Body-Spider M. Drilling																																
Fr	16					Body-Spider FSJ											Body-Spider																					
Sa	17	DJK-Seminar für weibl. Führungskräfte																																				
So	18																																					
Mo	19					Body-Spider FSJ																																
Di	20					Body-Spider FSJ																																
Mi	21					Body-Spider FSJ																																
Do	22					Body-Spider M. Drilling																																
Fr	23					Body-Spider FSJ											Body-Spider																					
Sa	24			Body-Spider										Body-Spider M.Hannawacker																								
So	25																																					
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