

TV/DJK Belegungsplan Gymnastikraum2018

Stand: 23.02.2018

Feb 2018

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00												
Do	01		BS-LH			Body-Spider M. Drilling								Body-Spider										Body-Spider Drilling/Göbel																		
Fr	02					Body-Spider FSJ								Body-Spider																												
Sa	03					Body-Spider				reserviert für Kinder-Faschingsdisco FSJ																																
So	04																																									
Mo	05					Body-Spider FSJ														SHG Osteop.			Autogenes Training	VHS Stressbewältigung																		
Di	06					Body-Spider FSJ								BVSG					Body-Spider M.Hannawacker			Body-Spider J. Schlereth		Body-Spider																		
Mi	07					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf																	
Do	08		BS-LH			Body-Spider M. Drilling																			Body-Spider Drilling/Göbel																	
Fr	09					Body-Spider FSJ								Body-Spider																												
Sa	10					Body-Spider							Body-Spider M.Hannawacker																													
So	11																																									
Mo	12																				SHG Osteop.																					
Di	13																																									
Mi	14																																									
Do	15																																									
Fr	16																																									
Sa	17																																									
So	18																																									
Mo	19					Body-Spider FSJ																	Autogenes Training	VHS Stressbewältigung																		
Di	20					Body-Spider FSJ								BVSG					Body-Spider M.Hannawacker			Body-Spider J. Schlereth		ab 20.15 BoSp-Einf.kurs																		
Mi	21					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf																	
Do	22		BS-LH			Body-Spider M. Drilling																			Body-Spider Drilling/Göbel																	
Fr	23					Body-Spider FSJ								Body-Spider																												
Sa	24					Body-Spider							Body-Spider M.Hannawacker																													
So	25																																									
Mo	26					Body-Spider FSJ																CL	Autogenes Training	VHS Stressbewältigung																		
Di	27					Body-Spider FSJ								BVSG					Body-Spider M.Hannawacker			Body-Spider J. Schlereth		ab 20.15 BoSp-Einf.kurs																		
Mi	28					Body-Spider FSJ																	Body-Spider		Body-Spider Krapf																	

01 = Ferien
 A = Feiertage
 A = Vereinsintern
 Privat
 VHS
 = Abteilungsveranstaltung
 = Feste Belegungszeiten
 = Body-Spider
Zusätzlich

Mrz 2018

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00								
Do	01		BS-LH			Body-Spider M. Drilling																			Body-Spider Drilling/Göbel													
Fr	02					Body-Spider FSJ								Body-Spider																								
Sa	03					Body-Spider							Body-Spider M.Hannawacker																									
So	04	Ehrentnachmittag Kinderbetreuung																																				
Mo	05					Body-Spider FSJ																	Autogenes Training	VHS Stressbewältigung														
Di	06					Body-Spider FSJ										BVSG			Body-Spider M.Hannawacker			Body-Spider J. Schlereth			ab 20.15 BoSp-Einf.kurs													
Mi	07					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf												
Do	08		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel												
Fr	09					Body-Spider FSJ									Body-Spider											ab 19:30 Abt.vers. Handball												
Sa	10					Body-Spider							Body-Spider M.Hannawacker												Abteilungsversammlung BVSG													
So	11																																					
Mo	12					Body-Spider FSJ																	Autogenes Training	VHS Stressbewältigung														
Di	13					Body-Spider FSJ													Body-Spider M.Hannawacker			Body-Spider J. Schlereth			ab 20.15 BoSp-Einf.kurs													
Mi	14					Body-Spider FSJ																	Body-Spider			Body-Spider Krapf												
Do	15		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel												
Fr	16					Body-Spider FSJ									Body-Spider											ab 19:00 Abt.vers. Gesundheitssport												
Sa	17	DJK-Seminar für weibl. Führungskräfte																																				
So	18																																					
Mo	19		Lebenshilfe eigener Kurs																											Autogenes Training	VHS Stressbewältigung							
Di	20					Body-Spider FSJ													Body-Spider M.Hannawacker			Body-Spider			ab 19.00 Abt.Vers.Gymnastik													
Mi	21					Body-Spider FSJ																		Vereinsausschuss I														
Do	22		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel												
Fr	23					Body-Spider FSJ									Body-Spider																							
Sa	24					Body-Spider							Body-Spider M.Hannawacker																									
So	25																																					
Mo	26																																					
Di	27																																					
Mi	28																																					
Do	29																																					
Fr	30																																					
Sa	31																																					

Apr 2018

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	
So	01																														
Mo	02																														
Di	03																														
Mi	04																														
Do	05																														
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Sa	28																														
So	29																														
Mo	30																														

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Zusätzlich

Mai 2018

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00							
Di	01																																				
Mi	02					Body-Spider FSJ																		Body-Spider			Body-Spider Krapf										
Do	03		BS-LH			Body-Spider M. Drilling																				Body-Spider Drilling/Göbel											
Fr	04					Body-Spider FSJ										Body-Spider						Delegiertenversammlung															
Sa	05			Body-Spider									Body-Spider M.Hannawacker																								
So	06																																				
Mo	07					Body-Spider FSJ																			Progressive Muskel- entsp. n. Jacobsen												
Di	08					Body-Spider FSJ																	Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider								
Mi	09					Body-Spider FSJ																			Body-Spider			Body-Spider Krapf									
Do	10																																				
Fr	11					Body-Spider FSJ										Body-Spider																					
Sa	12					Body-Spider									Body-Spider M.Hannawacker																						
So	13																																				
Mo	14					Body-Spider FSJ																				Progressive Muskel- entsp. n. Jacobsen											
Di	15					Body-Spider FSJ																		Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider							
Mi	16					Body-Spider FSJ																				Body-Spider			Body-Spider Krapf								
Do	17		BS-LH			Body-Spider M. Drilling																					Body-Spider Drilling/Göbel										
Fr	18					Body-Spider FSJ										Body-Spider																					
Sa	19					Body-Spider									Body-Spider M.Hannawacker																						
So	20																																				
Mo	21																																				
Di	22																																				
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