

# TV/DJK Belegungsplan Gymnastikraum2018

Stand: 23.04.2018

## Apr 2018

		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00					
So	01																																		
Mo	02																																		
Di	03					Body-Spider FSJ																Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider								
Mi	04					Body-Spider FSJ																			Body-Spider			Body-Spider Krapf/Karl							
Do	05					Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	06					Body-Spider FSJ										Body-Spider																			
Sa	07			Body-Spider										Body-Spider M.Hannawacker																					
So	08																																		
Mo	09					Body-Spider FSJ																			Autogenes Training										
Di	10					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider							
Mi	11					Body-Spider FSJ																				Body-Spider			Body-Spider Krapf/Karl						
Do	12			BS-LH		Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	13					Body-Spider FSJ										Body-Spider																			
Sa	14			Body-Spider										Body-Spider M.Hannawacker																					
So	15																																		
Mo	16					Body-Spider FSJ																			Autogenes Training										
Di	17					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider							
Mi	18					Body-Spider FSJ																				Body-Spider			Body-Spider Krapf/Karl						
Do	19			BS-LH		Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	20					Body-Spider FSJ										Body-Spider																			
Sa	21			Body-Spider										Body-Spider M.Hannawacker																					
So	22																																		
Mo	23					Body-Spider FSJ																			Autogenes Training										
Di	24					Body-Spider FSJ																	Body-Spider M.Hannawacker		Body-Spider J. Schlereth			Body-Spider							
Mi	25					Body-Spider FSJ																				Body-Spider			Body-Spider Krapf/Karl						
Do	26			BS-LH		Body-Spider M. Drilling																				Body-Spider Drilling/Göbel									
Fr	27					Body-Spider FSJ										Body-Spider																			
Sa	28			Body-Spider										Body-Spider M.Hannawacker																					
So	29																																		
Mo	30					Body-Spider FSJ																				Progressive Muskel-entspannung Jacobson									

01 Ferien    
 A = Feiertage    
 A = Vereinsintern    
 Privat    
 VHS    
  = Abteilungsveranstaltung    
  = Feste Belegungszeiten    
  = Body-Spider    
Zusätzlich

# Mai 2018

	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00									
Di 01																																						
Mi 02					Body-Spider FSJ																			Body-Spider				Body-Spider Krapf/Karl										
Do 03			BS-LH		Body-Spider M. Drilling																				Body-Spider Drilling/Göbel													
Fr 04					Body-Spider FSJ											Body-Spider																						
Sa 05				Body-Spider										Body-Spider M.Hannawacker																								
So 06																																						
Mo 07					Body-Spider FSJ																				Progressive Muskelentspannung Jacobson													
Di 08					Body-Spider FSJ																																	
Mi 09					Body-Spider FSJ																																	
Do 10					Body-Spider FSJ																																	
Fr 11					Body-Spider FSJ											Body-Spider																						
Sa 12				Body-Spider										Body-Spider M.Hannawacker																								
So 13																																						
Mo 14					Body-Spider FSJ																					Progressive Muskelentspannung Jacobson												
Di 15					Body-Spider FSJ																																	
Mi 16					Body-Spider FSJ																																	
Do 17			BS-LH		Body-Spider M. Drilling																																	
Fr 18					Body-Spider FSJ											Body-Spider																						
Sa 19				Body-Spider										Body-Spider M.Hannawacker																								
So 20																																						
Mo 21																																						
Di 22					Body-Spider FSJ																																	
Mi 23					Body-Spider FSJ																																	
Do 24					Body-Spider M. Drilling																																	
Fr 25					Body-Spider FSJ											Body-Spider																						
Sa 26				Body-Spider										Body-Spider M.Hannawacker																								
So 27																																						
Mo 28					Body-Spider FSJ																																	
Di 29					Body-Spider FSJ																																	
Mi 30					Body-Spider FSJ																																	
Do 31					Body-Spider M. Drilling																																	

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		Jun 2018																																														
		08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00																		
Fr	01					Body-Spider FSJ								Body-Spider																																		
Sa	02			Body-Spider								Body-Spider M.Hannawacker																																				
So	03																																															
Mo	04					Body-Spider FSJ														SHG Osteop.			Progressive Muskel-entsp. n. Jacobson																									
Di	05					Body-Spider FSJ										BVSG				Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider																						
Mi	06					Body-Spider FSJ																	Body-Spider				Body-Spider Krapf/Karl																					
Do	07		BS-LH			Body-Spider M. Drilling																		Body-Spider Drilling/Göbel																								
Fr	08					Body-Spider FSJ																																										
Sa	09			Body-Spider									Body-Spider M.Hannawacker																																			
So	10																																															
Mo	11					Body-Spider FSJ														SHG Osteop.			Progressive Muskel-entsp. n. Jacobson																									
Di	12					Body-Spider FSJ										BVSG				Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider																						
Mi	13					Body-Spider FSJ																		Body-Spider				Body-Spider Krapf/Karl																				
Do	14		BS-LH			Body-Spider M. Drilling																			Body-Spider Drilling/Göbel																							
Fr	15					Body-Spider FSJ																																										
Sa	16			Body-Spider								reserviert privat																																				
So	17	reserviert privat																																														
Mo	18					Body-Spider FSJ														SHG Osteop.			Progressive Muskel-entsp. n. Jacobson																									
Di	19					Body-Spider FSJ										BVSG				Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider																						
Mi	20					Body-Spider FSJ																		Body-Spider				Body-Spider Krapf/Karl																				
Do	21		BS-LH			Body-Spider M. Drilling																			Body-Spider Drilling/Göbel																							
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So	24																																															
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Di	26					Body-Spider FSJ										BVSG				Body-Spider M.Hannawacker			Body-Spider J. Schlereth			Body-Spider																						
Mi	27					Body-Spider FSJ																		Body-Spider				Body-Spider Krapf																				
Do	28		BS-LH			Body-Spider M. Drilling																			Body-Spider Drilling/Göbel																							
Fr	29					Body-Spider FSJ																																										
Sa	30	DJK Seminar für junge Nachwuchsführungskräfte																																														

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## Jul 2018

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